

## Intensives, Workshops, Social Dancing World Champion Michael Kielbasa PLUS, Jack and Jill Competitions September 26th-28th, 2024

Registration: www.LetsDancePortland.com



### Thursday, Sept. 26<sup>th</sup> | Oaks Park Dance Pavilion Foundations & Intermediate West Coast Swing Lessons & Social Dancing Various Admission Packages Starting as Low as \$5 per person

Time	Dancing	Instructor
07:00 - 08:15	Foundations WCS Lesson	Brad Eaton
07:00 - 08:15	Intermediate WCS Lesson	Michael Kielbasa
08:15 - 10:30	A mix of dance music includes: WCS, Night Club 2 Step,	DanceMan Robin, DJ
	Cha Cha, Country 2 Step, Hustle, Waltz	

## Friday, Sept. 27<sup>th</sup> | Milwaukie Elks Lodge | Intermediate Level Lessons

13121 SE Mcloughlin Blvd, Portland, OR 97222

(must be proficient in basic moves)

**PLUS** Jack and Jill Competition and Social Dancing

#### For Current Pricing & Promotional Discounts Register At: www.LetsDancePortland.com

Time	Dancing	Instructor
04:00 - 05:00	Intermediate+: Night Club 2 Step Lesson	Michael Kielbasa
	(Must be proficient in basic moves)	
05:00 - 06:00	Intermediate+: Cha Cha Lesson	Michael Kielbasa
	(Must be proficient in basic moves)	
06:00 - 07:00	Intermediate+: Country Two Step Lesson	Michael Kielbasa
	(Must be proficient in basic moves)	
07:30 - 11:00	Social Dancing: Mix of Country Dances (ALL Levels Welcomed!)	DanceMan Robin, DJ
09:00	Country 2 Step Jack & Jill Competition (No dance instructors)	Judges: Michael
	(\$10 Separate admission fee for Jack & Jill)	Kielbasa & TBA

## Saturday, Sept. 28<sup>th</sup> | Oaks Park Dance Pavilion Foundations and Intermediate+ West Coast Swing Lessons <u>PLUS</u> Jack and Jill Competition and Social Dancing

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11:00 - 12:15	Foundations WCS Lesson	DanceMan Robin &
		Brad Eaton
	15 Minute Break	
12:30 - 01:30	Foundations WCS Lesson	DanceMan Robin &
		Brad Eaton
	30 Minute Break	
02:00 - 03:00	Intermediate+ WCS Lesson: Movement Essentials	Michael Kielbasa
	15 Minute Break	
03:15 - 04:15	Intermediate+ WCS Lesson: Spins and Turns	Michael Kielbasa
	15 Minute Break	
04:30 - 05:30	Intermediate+ WCS Lesson: Special Golden Nuggets	Michael Kielbasa
	90 Minute Dinner Break	
07:00 - 10	Social Dancing: 90% WCS (ALL Levels Welcomed!)	DanceMan Robin, DJ
09:00	WCS Jack & Jill Competition (No dance instructors)	Judges: Michael
	(\$10 Separate admission fee for Jack & Jill)	Kielbasa & TBA

## **Understanding Your Dance Level**

<u>Make sure to choose your classes wisely.</u> We've tried to ensure there will be beginning, beyond beginning, intermediate and advanced level classes offered. The classes are set up with different dance abilities in mind. If a class is labeled as intermediate, that is the level that will be taught. If you challenge yourself by taking a higher skill level class, please be aware the material being taught may be more complicated than you're used to.

# The instructor and other students in the Intermediate/Advanced levels of dance lessons will expect you to be proficient in the basic moves.

**Beginning:** Minimal knowledge of the dance. Basic footwork, timing and lead/follow techniques will be taught. Basic techniques are always helpful event for more advanced dancers to review.

**Beyond Beginning or Beginning +:** Some prior knowledge and experience with the dance. More of the basic footwork, framework, timing, and lead/follow techniques will be taught. It is assumed the dancer is comfortable with the basic timing and concepts of the dance. Some review time may be spent on basic moves before more turns and concepts are introduced. **Intermediate:** Understanding of basic rhythm, time, technique, foot positions and common movements is assumed. The instructor will not cover the basic timing and will build on your previous knowledge and patterns. Some class time may be devoted to technique, execution, and styling.

**Intermediate/Advanced:** Dancers should be more proficient with timing, common dance patterns and concepts than intermediate level. It is assumed the dancer can perform intermediate patterns with correct footwork, timing, and partnership. More complex patterns will be taught allowing the dancer to "play" with the music and partnership.